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In 2009 he was appointed as a full professor of Ophthalmology at the FMSMU and head of Orbital and Ophthalmic Plastic & Reconstructive Surgery Department at State Institute of Eye Diseases in Moscow. Dr. Grusha has a commitment to teaching and supervised 10 Ph.D. students. He published many articles and wrote book chapters on orbital surgery, TED patients rehabilitation, periocular tumors, lid defect reconstruction and lagophthalmos correction.