

Cosmetic or Rehabilitative? Management of facial asymmetry

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Facial asymmetry can have devastating psychological effects on a patient. Many patients do not seek help due to a sense of being perceived as 'vain' or having misplaced concerns about their appearances. Early intervention, where possible, can have therapeutic benefits by improving re innervation of the paralysed side of the face. The author presents 20 years experience using botulinum toxins, hyaluronic acid and poly-L-lactic acid fillers, as well as conventional oculoplastic surgery, to create asymmetry in both the young and ageing asymmetrical faces.

The author calls for full insurance support for rehabilitation of patients requiring such treatments. Experience with less obvious facial asymmetry is presented and discussed as a caveat when offering corrective and aesthetic oculoplastic surgery.